

Curriculum Vitae

Ahmed Monier Ahmed Moustafa

MB.BCh., M.Sc., MRCP(UK), MRCP(London)

(Gastroenterology & Hepatology)

(Revised April, 2014)

General and Personal

Name : Ahmed Monier Ahmed Moustafa.
Gender : Male.
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Birth date : 13 / 10 / 1963.
Religion : Islam.
Nationality : Egyptian.
Military status : Exempted (single son).
Social status : Married.
Passport No. : A09964363.
Passport validity : Till 28 / 5 / 2020.

Undergraduate Education

- 1981 – 1987 : Faculty of Medicine, Cairo University.
- 1978 – 1980.: Secondary Education. Ali Mubarak Secondary School, Cairo.
- 1975 – 1977 : Preparatory Education. Moustafa Kamel Preparatory School, Cairo.
- 1969 – 1974 : Primary Education. Ratib Pacha Primary School, Cairo.

Qualifications

- IELTS academic taken (total score 7.5, 7 or more in each skill), Dec.2013.
- MRCP (UK), 2012. (Code No. 86552)
- Registered For M.D. in Internal Medicine, Cairo University.
- M.Sc. Internal Medicine, 1992, Cairo University.
- M.B., B. Ch., 1987, Cairo University, signed very good.

Postgraduate Appointments

Current Post

Since June 2008

Gastroenterology & Hepatology, Senior Registrar
Sabah Hospital, Kuwait.

Sabah hospital is a multi-specialty hospital, with many subspecialty units alongside many specialized centers, mutually supplying and receiving medical services to and from Internal Medicine department which includes more than 150 in-patient beds, more than 30 beds emergency & acute care department, besides dedicated coronary care, nephrology, endocrinology and gastroenterology units.

Gastroenterology & Hepatology unit is composed of 3 procedure theatres, 2 recovery rooms, gastroenterology laboratory (for breath tests and capsule enteroscopy and New GI motility lab.), and 2 outpatient clinics.

Work includes weekly, fixed outpatient clinic, diagnosis, treatment, and follow up of the whole spectrum of GIT and hepatology diseases seeing 4 new cases and 15 follow up cases every week, 4 days weekly performing GIT procedures (Diagnostic Upper GI endoscopies and colonoscopies as well as interventional procedures like sclerotherapy, band ligation, polypectomy) besides being responsible for the motility laboratory currently with oesophageal manometry, 24 hours PH metry, anorectal manometry will be introduced soon. Currently I am under training for GIT stent placement, which I should be able to perform on solo basis in the near future. Work includes also 1:4 on call coverage of GIT/Hepatology consultations and acute GI bleeding to Int. Med., surgical, and ICU patients, as well as all the hospitals of Sabah Specialized Medical Area Hospitals, which includes oncology hospital, maternity hospital, organ transplantation hospital, infectious diseases hospital and cardiac diseases hospitals, with average on call 15-20 consultations, and average 3-5 urgent procedures. I have been the moderator of scientific program of the unit over the last 3 years. All aspects of work include educating and supervising junior doctors. I am reporting directly to the head of the unit in all the above mentioned activities.

Since January 2001 – May 2008 Registrar, Internal Medicine & Gastroenterology,
New Mowasat hospital, Kuwait.

A 100 beds leading private hospital in Kuwait, very well equipped, with a high patient flow rate, high bed occupancy all over the year. The hospital has a quality control and quality improvement active plans, with continuous medical education programs. Hospital is also equipped with a modern GIT endoscopy unite, with a wide range of techniques performed on daily basis.

Responsibilities include attending all internal medicine in-patients and ICU patients, with the whole range of medical care from initial assessment to plan of management to discharge summary and follow up. Responsibilities also include attending Emergency Room critical patients as well as providing medical consultations to other departments (surgery, OB/GYN). Other assignments included membership of the "Code Blue" Committee, Medical bylaws committee, and medical records review committee.

July, 1999 – Jan2001 Specialist in Internal Medicine & Hepatology, and GI
Endoscopy, at Ahmad Maher Teaching Hospital, Cairo.

A leading 500 beds teaching hospital, in the very busy city centre, well designed then recently remodelled, with excellent diagnostic and therapeutic facilities for general medicine and hepatic patients. It has a well equipped ICU. Medical Department consists of 32 beds for general medicine cases, 32 beds for hepatology and gastroenterology cases, a hemodialysis unit, an ultrasound unit, and a gastrointestinal endoscopy unit. Hepatology unit and gastrointestinal endoscopy units are referral areas and teaching authority in this specialty with state of the art equipment and procedures.

Responsibilities include attending twice weekly out-patient clinic and three days at endoscopy unit, as well as daily in-patient ward rounds. I am involved in all invasive and non-invasive diagnostic and therapeutic interventions, and all endoscopic techniques, as well as all the bedside and clinical work-up for patients. I also carry the medical responsibility for surgical patients whether pre-operative assessment or management of postoperative medical problems. Being assigned as the scientific coordinator, gives me the responsibility of conducting and moderating scientific and research work in the department, supervising and guiding the junior staff. I have a great share in teaching

programs of the department whether for the genuine staff or external trainees. During that period, I was assigned as the head of hospital's internal audit team for quality assurance.

April, 1995 - June, 1999 Internist Registrar at Mowasat Hospital, Kuwait.
(Job as detailed before)

March, 1994 - March, 1995 Associate Specialist in Internal Medicine & Hepatology,
At Ahmed Maher Teaching Hospital, Cairo.

Responsibilities included running outpatient clinic twice weekly, daily ward rounds, preparation and moderation of the weekly scientific staff meeting, three days work at endoscopy unit. All work aspects included supervising and teaching house officers and junior residents.

May, 1993 - Feb., 1994 Associate Specialist in Internal Medicine at Khalifah
General Hospital, Cairo.

A transitional period, responsibilities included running a daily outpatient clinic, and in-patient ward rounds.

May, 1990 - May, 1993 Resident of Internal Medicine & Hepatology at
Ahmad Maher Teaching Hospital, Cairo.

Responsibilities included assistance at outpatient clinic, daily ward care for in-patients, rotational duty at Emergency Department, regular duty twice weekly at endoscopy unit.

March., 1989 - May, 1990 Primary Care Physician, Cairo.

Responsibilities included daily attendance of primary care clinic, mainly Internal Medicine and Dermatology.

March. 1988 – March, 1989 House Officer at Cairo University Hospitals.

Responsibilities included inpatient ward care, assistance in outpatient clinics, and medical registration. Duties were rotational through the following departments: Internal Medicine, General Surgery, Obstetrics & Gynaecology, Paediatrics. Accident & Emergency Medicine and Dermatology.

Training Courses

- 3rd Hepatology update, Kuwait, March 2013.
- Licensed in Basic Cardiac Life Support, by AHA, Kuwait, July 2010.

- Diploma in “Modern Asthma Management” by European Respiratory Society, Kuwait, Feb.2004
- Licensed in Basic Cardiac Life Support, by BNS, Kuwait, July 2003.
- Course in Internal Medicine for MRCP, University Hospital, Kuwait, Jan.1999.
- Licensed in Advanced Cardiac Life Support, by American Heart Association, Mowasat Hospital, Kuwait, June, 1998.
- Licensed in Basic Cardiac Life Support, by American Heart Association, Mowasat Hospital, Kuwait, February, 1998.
- Course in Internal Medicine for MRCP, University Hospital, Kuwait, Jan., 1997.
- Workshop on Hypertension and Ischemic Heart. Diseases, Cairo University, Mar. 1995.
- Workshop on Liver and Biliary Diseases, National Liver Institute, Egypt, Jan, 1995.
- An Update on Diabetes Mellitus and Endocrinology, Cairo University, Nov., 1994.
- Workshop on Recent Advances In Management Of Esophageal Varices, Institute of Theodor Bilharz, Egypt, August, 1994.
- Workshop on abdominal Ultrasound and Guided Biopsy Techniques, Ahmed Maher Teaching Hospital, Egypt, April, 1994.
- Workshop on Liver and Biliary Diseases, National Liver Institute, Egypt, January, 1994.
- Workshop & Training course on Gastrointestinal Endoscopy, Cairo University Hospital, August, 1993.
- Workshop on Liver and Biliary Diseases, National Liver Institute, Egypt, January, 1993.

Experience & Skills

Good experience in:

Clinical and Academic Gastroenterology and Internal Medicine. Diagnostic upper and lower gastrointestinal endoscopy, variceal sclerotherapy, variceal band ligation, esophageal dilatation, management of acute, variceal and non-variceal, gastrointestinal bleeding, polypectomy, and percutaneous endoscopic gastrostomy (PEG) tube insertion.

Management of a wide range of medical emergencies especially cardiac emergencies currently certified in Basic & cardiac life support, (with previous certification in advanced cardiac life support).

I have a particular interest in medical teaching, with regular informal teaching classes for MRCP PACES.

Research & Scientific Work

- Update on Achalasia, Sabah Hospital, July., 2013
- Ischemic Bowel Disease, oral presentation, Sabah Hospital, July, 2012.
- Acute Abdominal Pain, oral presentation, Sabah Hospital, Oct., 2010.
- Colorectal cancer screening, oral presentation, Sabah Hospital, Dec., 2009.
- Hepatorenal Syndrome, oral presentation, Sabah Hospital, Sept., 2008.
- Gene Therapy, oral presentation, New Mowasat Hospital, Kuwait, 1998.
- Skin Sensitivity Tests, review article, New Mowasat Hospital, Kuwait, 1998.
- Diagnostic Value of Ultrasound Guided Biopsy in Abdominal Masses. M.D. Thesis in Internal Medicine, Cairo, 1996.
- Safety and Efficacy of Endoscopic Variceal Ligation in Treatment of Esophageal Varices. Presentation at 11th Afro-Arab conference on Liver Diseases, Cairo, 1995.
- Thrombolytic Therapy in Acute Myocardial Infarction. M.Sc. Essay in Internal Medicine, Cairo 1992.

Professional Memberships

- GMC (UK), waiting for identity check appointment (Reference No. 7476174).
- Member of the European society of Gastroenterology.
- Member of the British Society of Gastroenterology.
- Member of the Egyptian Society of Liver Diseases.
- Member of the Egyptian Group for Gastrointestinal Endoscopy.

Awards & Honors

- Exemplary Physician Award, Nurses' Week, New Mowasat Hospital, 2004.
- Exemplary Physician Award, Cairo Medical Syndicate, March, 1995.

Extracurricular Activities

- Member of the organizing committee and Invigilator of PACES examination at Sabah Hospital, Kuwait 2013 -2014.
- General Coordinator, First annual Scientific Meeting for Ahmed Maher Teaching Hospital, Sept. 2000.
- Certified Internal Auditor (Medical Quality Management, Certification No. 04119949, Dec. 1999, CRS (USA)).
- Secretary of organizing committee of Afro-Arab Conference on Liver Diseases for 3 years (1993 -1995).
- Editor-in-Chief of the periodic News-Letter of the Hepatology Department, Ahmed Maher Teaching Hospital, since its establishment then for 2 years (1993 - 1995).
- Very good computer knowledge, especially of Microsoft Windows[®] and Microsoft Office[®]. Working knowledge of Mac systems.

Hobbies

- Arabic Poetry and Literature.
- Meditation.
- Cycling.

Profile

I work well with other people; while I believe in firm and effective leadership, I still recognize well the role of other members of the health care team. My interpersonal skills help create the healthy working environment required for smooth running of work and effective delivery of service provided.

I have much interest in expanding and improving my career, I am currently under training for GI motility laboratory, recently introduced to our unit, and I wish to build my experience in ERCP as well as EUS. I am also preparing for the Speciality Certificate Examination in gastroenterology (held by Royal College of Physicians, UK), I hope I will be able to accomplish new targets in the coming few years.

References

- **Dr. Wafaa Al-Hashash, M.D.,**
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