



**ISGE  
AFRICAN REGIONAL  
CONFERENCE 2015**

**6<sup>th</sup> AGM**

**&**

**4<sup>th</sup> ASC CONFERENCE  
OF THE  
KENYA SOCIETY OF  
ENDOSCOPIC SPECIALITIES**

# 3<sup>rd</sup> ISGE AFRICAN CONFERENCE



**Pre-Conference  
Workshops,**

**Live Surgery**

**&**

**International Conference  
on  
Gynaecological Endoscopy**





# *Jambo na Karibuni*



In Swahili this means "Hello" and "Welcome". These are the two most widely used words on the African Continent and their daily repetition is a sign of goodwill, fun and fellowship that the region is famous for.

The Kenya Society of Endoscopic Specialities (KESES), in conjunction with the International Society of Gynecological Endoscopy (ISGE), takes pride in welcoming you all to the **3<sup>rd</sup> ISGE African Conference** to be held in Nairobi, Kenya, from the 23<sup>rd</sup> to 26<sup>th</sup> August, 2015.

We will provide you an excellent forum for Scientific discussions, soak you up in entertainment and also give you a chance to enjoy the beautiful holiday facilities that Kenya offers. We, as the local Organizing Committee, will toil endlessly to put together an event that you will without any doubt remember for a long time. We will ensure that you all go back with fond memories, not only of the Scientific content, but also of our hospitality, the people you meet and the places you will see.

We will make every effort to attend to all your needs, so from the time we say "**Jambo**" to the time we say "**Kwaheri**", you will be at home in our midst.

We do pride ourselves as people who care, so all aspects of your visit to Kenya will be very carefully planned to the minutest detail, with your comfort and well-being always at the forefront of our minds. We encourage you to take time off and visit our lovely game parks, restaurants, marine parks and all the joys Kenya offers.

Our exceedingly warm hospitality will in no uncertainty be a first for you all and we look forward to welcoming all the wonderful people in the ISGE fraternity.

So come to Kenya, let us all "**Roar with Fun from Funrise to Funset**", at the same time deliberate and share our experiences at a magnificent Scientific program.

**Dr. Rafique B. Parkar**  
**Chairman**

**Kenya Society of Endoscopic Specialities  
& Local Organising Committee**





**ISGE EXCO BOARD  
(up to March 2015)**

**PRESIDENT**

**Dr. Prashant Mangeshkar**  
(prashant@mangeshkar.com)

**VICE-PRESIDENT & PRESIDENT ELECT**

**Prof. Bruno van Herendael**  
(bruno.vanherendael@gyntech.be)

**SECRETARY GENERAL**

**Prof. Stefano Bettochi**  
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**TREASURER**

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**MEDICAL DIRECTOR**

**Dr. Ornella Sizzi**  
(ornella.sizzi@alfamedica.com)  
(ornella.sizzi@gmail.com)

**CHAIRMAN OF THE  
TRAINING COMMITTEE**

**Prof. Bash Goolab**  
(bgoolab@iafrica.com)



**KESES  
LOCAL ORGANISING COMMITTEE**



**CONFERENCE CHAIR**

**Dr. Rafique B. Parkar**  
(rafsan254@gmail.com)

**CONFERENCE VICE-CHAIR**

**Dr. J. Gichuhi Wanyoike**  
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**Dr. G. Wahome Ngay'u**  
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**SCIENTIFIC CHAIR**

**Prof. R. Koigi Kamau**  
(koigiclinic@gmail.com)  
(koigikamau@kenyaweb.com)

**REGISTRATION**

**Dr. Maureen Owiti**  
(drmaureenowiti@gmail.com)

**ACCOMMODATION**

**Dr. Raj Dodia**  
(dodia.raj@gmail.com)

**FUNCTIONS & DECOR**

**Dr. Yusuf Palkhi**  
(y.palkhi@gmail.com)

**Dr. Racheal Rukaria**  
(rukariar@africaonline.co.ke)

**Dr. Francis Were**  
(merit\_medics@yahoo.com)

**TOURS / TRANSPORT / TRAVELS**

**Phera Jai**  
(pherajai@me.com)



# PROGRAM OF EVENTS

## PRE-CONFERENCE WORKSHOPS SUNDAY 23<sup>RD</sup> AUGUST, 2015

Subject to Sponsorship availed and confirmed participation

### MAYFAIR SOUTHERN SUN HOTEL

All-Day Courses	
Suture Course	Chair: <b>Alfonso Rossetti</b>
Hysteroscopy	Chair: <b>Stefano Bettocchi</b> Co-Chair: <b>Lotte Clevin</b>
Laparoscopic Anatomy	Chair: <b>Bruno van Herendael</b>
Colposcopy	Chair:
Urogynecology	Chair: <b>Steven Jeffery</b>
Ultrasound	Chair:
Electrocautery	Chair:

Half-Day Courses	
Hysterectomy	Chair: <b>Prashant Mangeshikar</b>
Endometriosis	Chair: <b>Ornella Sizzi</b>
Medico - Legal Issues	Chair: <b>Bhashkar Goolab</b>



## SUNDAY 23<sup>RD</sup> - WEDNESDAY 26<sup>TH</sup> AUGUST, 2015

	Sunday 23 <sup>rd</sup> August, 2015	Monday 24 <sup>th</sup> August, 2015			Tuesday 25 <sup>th</sup> August, 2015		Wednesday 26 <sup>th</sup> August, 2015		
	Mayfair Southern Sun	Visa Oshwal Religious Centre			Visa Oshwal Religious Centre		Visa Oshwal Religious Centre		
		Room A	Room B	Room C	Room A	Room B	Room A	Room B	Room C
09.00 - 10.30	Pre-Conference Workshops	Live Surgery	Live Surgery	Young Endoscopists Forum	Live Surgery	Live Surgery	Endometriosis (II)	How to treat cysts by Laparoscopy	Free Communication
10.30 - 11.00	TEA / COFFEE BREAK								
11.00 - 12.00		Live Surgery	Live Surgery	Young Endoscopists Forum	Live Surgery	Live Surgery	Hysteroscopy (II)	Infertility & Endoscopy (I)	Video Session
12.00 - 13.30	LUNCH BREAK								
13.30 - 15.00		Urogynecology & Pelvic Floor (I)	Teaching & Training in Endoscopic Surgery	Free Communication	New Technologies	Hysterectomy (ii)	Medico-Legal Aspects	Infertility & Endoscopy (II)	Video Session
15.00 - 15.30	TEA / COFFEE BREAK								
15.30 - 17.00		Hysterectomy (I)	Hysteroscopy (II)	Free Communication	Uterine Myoma (I)	Endometriosis (I)	Uterine Myoma (II)		Free Communication & Video Session
19.00	OPENING CEREMONY	GALA DINNER			KESES CONGRESS DINNER & DANCE		CLOSING CEREMONY		

### REGISTRATION :

Starts on Sunday 23rd August, 2015 at 17.00 hours (Visa Oshwal Religious Centre) and will continue every day from 8.00am



Main Conference Venue :  
**THE VISA OSHWAL RELIGIOUS CENTER AUDITORIUM**

**RECOMMENDED HOTELS FOR THE AFRICAN REGIONAL CONFERENCE IN NAIROBI**



**SOUTHERN SUN MAYFAIR NAIROBI**  
([www.tsogosunhotels.com/hotels/nairobi](http://www.tsogosunhotels.com/hotels/nairobi))

Traditional warmth and hospitality make Southern Sun Mayfair Nairobi a welcoming and comforting hotel to stay. Set on 5 acres of landscaped gardens, the Southern Sun Mayfair Nairobi embraces the famously hospitable nature of Kenya to make you feel right at home. Southern Sun Mayfair is located very close to the Visa Oshwal Religious Center, the main conference venue.

**SANKARA NAIROBI**  
([www.sankara.com](http://www.sankara.com))



Sankara Nairobi is a luxury hotel located in the heart of the Nairobi suburb of Westlands, combining international five-star standards with personal service and the authentic flavour of the new Africa.



**dusitD2 nairobi**  
([www.d2nairobi.com](http://www.d2nairobi.com))

Glamorous and inspiring, dusitD2 nairobi is a vibrant city hotel retreat where style, food, entertainment, and art thrill your soul. Nestled along Nairobi's leafy and secure Riverside Drive, just minutes from the clamour of the CBD and merely a stone's throw away from the heart of Nairobi's pulsing social scene, dusitD2 nairobi will be your perfect urban retreat for both work and play. With intriguingly designed spaces balancing modern yet timeless elegance in an intimate boutique setting, dusitD2 nairobi is the very definition of contemporary chic. Offering world class cuisine from its array of bars and restaurants, simple but stylish guestrooms, unique event spaces, the award winning Devarana spa and a striking red pool, dusitD2 nairobi will appeal to the well-travelled globalista seeking an exceptional experience in a journey of discovery.

The above hotels are all located close to the Conference Venue.  
**PLEASE BOOK & PAY FOR YOUR ACCOMMODATION DIRECTLY ONLINE**



# REGISTRATION FORM

**Please complete and return to : ISGE or Dr. Maureen Owiti (drmaureenowiti@gmail.com)**

Title: \_\_\_\_\_ First Name: \_\_\_\_\_ Surname: \_\_\_\_\_

Tel (w): \_\_\_\_\_ Fax (w): \_\_\_\_\_ Mobile: \_\_\_\_\_

Registration No: \_\_\_\_\_ Email: \_\_\_\_\_

Postal address: \_\_\_\_\_

Special meal requirements:  Kosher  Halaal  Vegetarian  Other: \_\_\_\_\_

FULL CONGRESS REGISTRATION FEES:	EARLY REGISTRATION Up to 31st December 2014	MID REGISTRATION Up to 31st March 2015	LATE REGISTRATION up to 22nd August 2015	ON-SITE REGISTRATION 23rd - 26th August 2015
<b>SPECIALISTS</b>				
• Africa & Developing Countries	US\$200.00 <input type="checkbox"/>	US\$250.00 <input type="checkbox"/>	US\$300.00 <input type="checkbox"/>	US\$400.00 <input type="checkbox"/>
• International	US\$400.00 <input type="checkbox"/>	US\$450.00 <input type="checkbox"/>	US\$500.00 <input type="checkbox"/>	US\$600.00 <input type="checkbox"/>
• Medical Students, Residents, Postgraduates, Registrars, Junior Consultants, General Practitioners, Allied Professionals, Theatre Staff, Nurses	50% Discount as per Category			
<b>TRADE / INDUSTRY</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### DAY REGISTRATION FEES:

AFRICA & DEVELOPING COUNTRIES				
Monday 24th August 2015				<input type="checkbox"/>
Tuesday 25th August 2015			US\$150.00 per day	<input type="checkbox"/>
Wednesday 26th August 2015				<input type="checkbox"/>

INTERNATIONAL				
Monday 24th August 2015				<input type="checkbox"/>
Tuesday 25th August 2015			US\$200.00 per day	<input type="checkbox"/>
Wednesday 26th August 2015				<input type="checkbox"/>

MEDICAL STUDENTS, RESIDENTS, POSTGRADUATES, REGISTRARS, JUNIOR CONSULTANTS, GENERAL PRACTITIONERS, ALLIED PROFESSIONALS, THEATRE STAFF, NURSES				
Monday 24th August 2015				<input type="checkbox"/>
Tuesday 25th August 2015			50% Discount as per Category	<input type="checkbox"/>
Wednesday 26th August 2015				<input type="checkbox"/>

<b>Accompanying Persons / Partners / Spouses</b>	US\$100.00 per day	<input type="checkbox"/>
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### SOCIAL FUNCTIONS

Please indicate your attendance:		
Opening Ceremony (Sunday 23 <sup>rd</sup> August 2015)	<input type="checkbox"/> Yes, I will attend	<input type="checkbox"/> No, I won't attend
Gala Dinner (Monday 24 <sup>th</sup> August 2015)	<input type="checkbox"/> Yes, I will attend (US\$150.00)	<input type="checkbox"/> No, I won't attend
KESES Congress Dinner (Tuesday 25 <sup>th</sup> August 2015)	<input type="checkbox"/> Yes, I will attend (US\$150.00)	<input type="checkbox"/> No, I won't attend
Closing Ceremony (Wednesday 26 <sup>th</sup> August 2015)	<input type="checkbox"/> Yes, I will attend	<input type="checkbox"/> No, I won't attend
Partner/Accompanying Spouse for Social functions only	<input type="checkbox"/> Yes, will attend (US\$150.00)	



**TOTAL AMOUNT PAYABLE: US\$** \_\_\_\_\_

### FOR PAYMENT BY CREDIT CARD, PLEASE COMPLETE THE FOLLOWING :

NAME OF CARD HOLDER: \_\_\_\_\_ TYPE OF CARD (MASTERCARD & VISA ONLY): \_\_\_\_\_  
 EXP DATE: \_\_\_\_\_ CARD NO: \_\_\_\_\_ CVV NO: \_\_\_\_\_  
 SIGNATURE OF CARD HOLDER: \_\_\_\_\_

### FOR PAYMENT BY ELECTRONIC TRANSFER / BANK DEPOSIT :

NAME OF ACCOUNT: **KESES** • ACCOUNT NO: **0072018077001** • BANK: **CHASE BANK, PARKLANDS BRANCH** • ACCOUNT TYPE: **CURRENT**  
 BRANCH CODE: **007** • SWIFT: **CKENKENA**

OR THROUGH THE ISGE WEBSITE: [www.isge.org](http://www.isge.org)

# PRE-CONGRESS WORKSHOPS REGISTRATION FORM

Subject to Sponsorship availed and confirmed participation

Please complete and return to : ISGE or Dr. Maureen Owiti (drmaureenowiti@gmail.com)

Title: \_\_\_\_\_ First Name: \_\_\_\_\_ Surname: \_\_\_\_\_

Tel (w): \_\_\_\_\_ Fax (w): \_\_\_\_\_ Mobile: \_\_\_\_\_

Registration No: \_\_\_\_\_ Email: \_\_\_\_\_

Postal address: \_\_\_\_\_

## PRE-CONGRESS WORKSHOPS SUNDAY 23<sup>RD</sup> AUGUST, 2015

The Workshops will be held at various facilities. Venues will be informed in due course. Please indicate which Workshop you want to register for. Places are limited. First confirmed and paid participants will be considered only.

AFRICA & DEVELOPING COUNTRIES		INTERNATIONAL
<b>COLPOSCOPY</b>		
US\$150.00	<input type="checkbox"/>	(Maximum 25) US\$200.00 <input type="checkbox"/>
<b>LAPAROSCOPIC SUTURING</b>		
US\$150.00	<input type="checkbox"/>	(Maximum 25) US\$200.00 <input type="checkbox"/>
<b>LAPAROSCOPIC ANATOMY</b>		
US\$200.00	<input type="checkbox"/>	(Maximum 15) US\$300.00 <input type="checkbox"/>
<b>ELECTROCAUTERY</b>		
US\$150.00	<input type="checkbox"/>	(Maximum 25) US\$200.00 <input type="checkbox"/>
<b>ULTRA SOUND</b>		
US\$150.00	<input type="checkbox"/>	(Maximum 25) US\$200.00 <input type="checkbox"/>
<b>UROGYNAECOLOGY</b>		
US\$150.00	<input type="checkbox"/>	(Maximum 25) US\$200.00 <input type="checkbox"/>
<b>HYSTEROSCOPY</b>		
US\$150.00	<input type="checkbox"/>	(Maximum 30) US\$200.00 <input type="checkbox"/>
<b>HYSTERECTOMY</b>		
US\$150.00	<input type="checkbox"/>	(Maximum 30) US\$200.00 <input type="checkbox"/>
<b>ENDOMETRIOSIS</b>		
US\$150.00	<input type="checkbox"/>	(Maximum 30) US\$200.00 <input type="checkbox"/>
<b>MEDICO-LEGAL ISSUES</b>		
US\$150.00	<input type="checkbox"/>	(Maximum 30) US\$200.00 <input type="checkbox"/>

**MEDICAL STUDENTS, RESIDENTS,  
POSTGRADUATES, REGISTRARS,  
JUNIOR CONSULTANTS, GENERAL  
PRACTITIONERS, ALLIED PROFESSIONALS  
THEATRE STAFF, NURSES**

**50% Discount as per category**



### FOR PAYMENT BY CREDIT CARD, PLEASE COMPLETE THE FOLLOWING :

NAME OF CARD HOLDER: \_\_\_\_\_ TYPE OF CARD (MASTERCARD & VISA ONLY): \_\_\_\_\_

EXP DATE: \_\_\_\_\_ CARD NO: \_\_\_\_\_ CVV NO: \_\_\_\_\_

SIGNATURE OF CARD HOLDER: \_\_\_\_\_

### FOR PAYMENT BY ELECTRONIC TRANSFER / BANK DEPOSIT :

NAME OF ACCOUNT: **KESES**

BANK: **CHASE BANK, PARKLANDS BRANCH**

BRANCH CODE: **007**

ACCOUNT NO: **0072018077001**

ACCOUNT TYPE: **CURRENT**

SWIFT: **CKENKENA**

OR THROUGH THE ISGE WEBSITE: [www.isge.org](http://www.isge.org)

## THE STRAIGHT STICK SAFARI

*"There is something about safari life that makes you forget all your sorrows and feel as if you had drunk half a bottle of champagne - bubbling over with a heartfelt gratitude for being alive"*

Karen Blixen

There is something one experiences on a Safari in the heart of Africa - the awesome spaces, the unending sky, the countless stars that illuminate the night, the sounds of the African Wild, the magnificent Sunrises and Sunsets, all things that seem to give you a different perspective, a new lease on life, an appreciation of nature and one could go on . . .

A safari in Africa is like no other you will ever experience.

Kenya is the Safari Capital of the World. Within Kenya's 56 national parks and reserves lie some of the most ancient, fragile and diverse wildlife on Earth. Kenya's plains and forests offer refuge to the last of the 'big cats', the world's greatest herd of elephant, the endangered black and white rhino, and a number of endemic species that occur nowhere else on Earth.

Kenya is also the 'bird capital' of the world, with over 1,137 bird species . . . from the world's largest bird - the ostrich, to the smallest - the sunbird.

A visit to the world-famous Masai Mara, to witness the Eighth Wonder of the Natural World - 'The Great Wildebeest Migration'- is a must. Float in a hot air balloon over the Mara Plains at dawn, capped with a champagne breakfast in the bush.

Relax beneath the swaying palm trees of the Indian Ocean coastline. Swim in the warm blue waters and experience the fascinating array of corals and crustaceans.

Kenya provides an unforgettable safari experience. Create a memory of a life-time. Have the journey of your life.

### SUGGESTED SAFARI DATES

PRE-CONFERENCE SAFARI	POST-CONFERENCE SAFARI
Friday 21 <sup>st</sup> August, 2015 to Sunday 23 <sup>rd</sup> August 2015	Thursday 27 <sup>th</sup> August, 2015 to Sunday 30 <sup>th</sup> August 2015

This is the year to go on your personal African Dream Safari. Whatever your Safari options, we can design a journey that will fit your wildest dreams.

Please book, confirm and pay for your Safaris EARLY to avoid last minute disappointments. August is peak safari season and places at good facilities are limited and are booked early.

**For Safari options and rates email: [pherajai@me.com](mailto:pherajai@me.com)**



Kenya . . . a world of wonder in a world of its own



## SAFARI OPTIONS

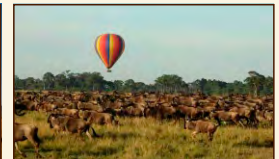
### MASAI MARA

Set in the heart of Africa's Great Plains in Kenya, the Masai Mara boasts 1,672 sq. kilometers of unspoilt wilderness. With its abundant wildlife and over 450 species of birds, Masai Mara is Kenya's most spectacular and finest wildlife reserves, offering the best game and bird-viewing not only in Kenya, but anywhere in Africa. The views across the rolling golden grasslands studded with acacia trees, rivers and forests are dazzling, the sense of space is overwhelming. Rich in game, the rolling grasslands and acacia savannah have frequently been captured on film, with "Out of Africa" being the most famous. The Reserve borders Tanzania and the two countries share the vast Serengeti plains, with wildlife free to roam between Kenya and Tanzania in search of food. Throughout the year the Masai Mara is a place of natural drama, a kaleidoscope of colour and life. Most stunning of all are the months between July and October, when the savannah teems with animals during the Great Wildebeest Migration. Millions of wildebeest gather in the Masai Mara in one of the natural wonders of the world - 'The Great Wildebeest Migration'.



### MASAI MARA BALLOON SAFARI

The adventure begins just before dawn. The flames from the hot air balloon burners light the darkness as the crews inflate their craft. The first, pink tongues of sunlight flicker across the skies as the hot air balloon fills, then rises. Suspended in a basket beneath the rainbow-coloured canopy, you're off for a game-viewing adventure with an entirely different perspective. What amazes most first-time balloonists is the absolute stillness: the silence as you float above the plains, the forest and the rivers of the Masai Mara. Even if you've flown elsewhere, this is a unique experience. The flight lasts an hour or so, drifting wherever the air currents take you, and with ample opportunities for photography and video filming. Then your Kenyan Hot Air Balloon Safari finishes with a flourish. In the time honoured tradition of balloon flights the world over, you toast your return to earth with a champagne breakfast, cooked wherever you land - in the wild! The Balloon Safari ends with some leisurely game viewing on the way back to Camp.





Kenya . . . a world of wonder in a world of its own

## SAFARI OPTIONS

### OL PEJETA CONSERVANCY

The Ol Pejeta Conservancy – a 90,000-acre private wildlife conservancy – situated on the equator, in Kenya's Laikipia District, between the foot hills of the Aberdares and the magnificent snow-capped Mount Kenya. The Ol Pejeta Conservancy boasts an astounding variety of animals, including the Big Five (the endangered black and white rhino, leopard, elephant, buffalo and lion), Grevy's zebra, Jackson's hartebeest, cheetah and chimpanzee. The combination of amazing wildlife and stunning views across the open plains of Ol Pejeta guarantees an unforgettable safari experience.



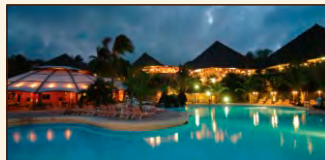
### AMBOSELI NATIONAL PARK

The Land of the Giants, Amboseli National Park is best place in Africa to get close to free-ranging elephants. The park's eco-system spreads across the Kenya - Tanzania border and offers spectacular views of Mount Kilimanjaro, the highest free-standing mountain in the world. A series of emerald green swamps, fed by the melting snows of Mount Kilimanjaro are the only sources of water in this otherwise starkly beautiful but arid park, attract huge numbers of wallowing elephants, hippos, buffalos and plains game. The prehistoric site of Observation Hill offer a magnificent view of the sunset over Kilimanjaro.



### MOMBASA

Mombasa, located on the Eastern coastline of Kenya bordering the Indian Ocean is the ideal beach destination with sparkling white sands and lush greenery. Mombasa offers a diverse marine life, world-class hotels and friendly atmosphere. Whether you're looking for a relaxing break on the white beaches, lapped by the azure waters of the Indian Ocean, or something a bit more adventurous - diving, snorkelling, water-skiing or wind-surfing, Mombasa offers it all.





*"I never knew of a morning in Africa when I woke up and was not happy"*

Ernest Hemmingway

The people of Africa with their diversity, warmth, hospitality, dance, song, energy, creativity, love of life and passion for all visitors to this continent, are hard to resist.

From the mighty Big Five - lion, leopard, elephant, buffalo and rhino - to the tenacious dung beetle; from thousands of bird species and much more, this continent is home to them all. Follow the Great Migration and balloon over the Masai Mara or witness the nocturnal drama on the equator when predators hunt under a full moon.

Discover night skies like you have never seen before - a billion stars hanging low over your head, almost close enough to touch.

Relax on some of the most beautiful beaches in the world. With miles of dazzling beaches, the Kenyan Coast is the perfect place to relax. The calm, clear Indian Ocean waters are ideal for diving, snorkelling, waterskiing and windsurfing.

## *Amazing Africa*

